



EVEREST



Hi there Ian

How amazing... On Saturday morning at 8am, I finally jumped out of the plane at 29,500 ft... even though I closed my eyes once my legs were dangling over the edge for the final roll out the door. What a thrill as I dropped at a speed of up to 162mph in the 75 seconds freefall, followed by five minutes under canopy down 17,000ft to a soft landing on the drop zone below. The view of the Himalayas and Mt Everest was spectacular as you can see in the photos.

My jump was part of a new world record of the first and highest skydives in the Himalayas. That really is me in the red suit with my hunky tandem master wearing shorts :)

Going to bed the night before, I found a courage that surprised me, and I just knew I could trust the amazing team I was flying with. Rudy Isanschmidt, my pilot, Omar Alhegelan, my camera flying, Ralph Mitchell, my tandem master and Ryan Jackson, our team doctor - each of them having jumped thousands of times and some of the most experienced skydivers in the world. On the way up I saw that each of these men, like the rest of the team on the Everest Skydive, were devoted to giving all the jumpers an experience that would forever seal the love of skydiving and adventure.

The temperature was a mild -22 degrees Celsius and 20 knots giving us an amazing experience of being able to jump almost directly above the drop zone with very little free fall drift. The journey up to our final height beside Mt Everest was phenomenal, where I felt I could almost touch the mountains. We were literally at the top of the world and I prayed this jump would empower us all in helping the millions of children that need us so desperately to answer their cry with resources that would give them freedom and hope.



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My jump launches the Global Angels Flying Academy where everyone who would like to be adventurous can "earn their wings" by doing sponsored flying or jumping to raise awareness and funds for children's projects. Please use our fundraising pages to set up your own adventure and encourage your friends to earn their wings too.

The next Everest SkyDive begins May 1st with High and Wild. You can join this adventure as an Angel or earn your wings at any skydive centre around the world. **Please click here to find out more.**

So far, our Angel SkyDive team have already raised £130,000. **Click here to visit my fundraising page and help us reach our \$1 million goal for kids in Asia..** Over the next weeks I will add video footage and photos of the trip.

And watch this space for some new exciting skydive adventures over the next year.

Thank you for your wonderful support that gave me the courage to jump :)

Love,

Molly xx

Lasenby House, 32 Kingly Street, London W1B 5QQ
Telephone: +44 (0)870 7652 643
Email: info@globalangels.org
Registered UK charity No. 1102826

64 Beaver Street
Suite 220
New York, 10004
Telephone: +1 (646) 216 9346
USA 501(c)3 Tax ID Number 83-0468195



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